# National Chaplain's Meeting Workshop

hospital visits,
nursing home visits,
private home visits,
& hospice spiritual care



## Chaplain's Workshop

VFW CA District 3
Chaplain Frank Correa, DMin, BSN, RN



## Goals

- 1. Increase your confidence
- 2. Clarify your role in this context
- 3. Provide some basic tips you can easily put into practice



# Changing nature of healthcare

- Technology
- Managed Care
- Decreased personal touch



# Visitation Principles.

- Client centered
- Listen
- Look professional
- Be a friend!



## Hospital Visitation Protocol

- Call before visiting the patient.
- Stop by the Nurses Station prior to your visit.
- Make sure that you sign in and get a visitor's badge.
- Please wash your hands before and after your visit.
- Pay attention to door notices that are posted.
- Wear PPE when appropriate.

Visit Hand
Washing Sink
near Nurses
Station



# Acute Care Hospitals

You are on their turf, not yours.

Abide by rules & signs

Different culture with its own language.



### HIGH FALL RISK



**FLUID RESTRICTION** 

ML



# NPO or Nothing by Mouth

### 3 Things You Need to Know About NPO



#### 1. NPO means "nothing by mouth"

It refers to the time before an exam or procedure during which you can't eat or drink.



#### 2. NPO is a safety precaution

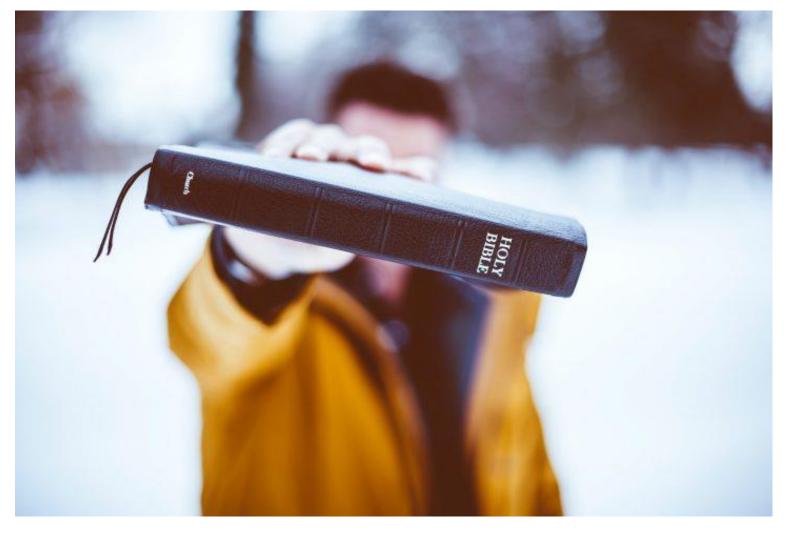
If your stomach isn't empty and you get nauseous during a procedure, your stomach contents can flow into your lungs.



#### 3. The length of time varies

NPO can begin at midnight the night before an exam, or as little as an hour before. It depends on the specific procedure or exam you are having.

# Bringing Bibles



Avoid large study Bibles but large print benefits elders

### Spiritual Care and Ministering in Hospitals

- While it is okay to bring the Bible with you during visitations with veterans in hospitals and nursing homes, please remember that the mission at that point is to use spiritual care to aid them in their recovery process.
  - Please don't try to convert them to your faith group.
  - Don't assume that since they are from a faith group that is different from your own that they will not be receptive to the Chaplain's visit.

### Spiritual Care and Ministering in Hospitals

- Do your homework. Try to find out their religious preference prior to visit.
- Learn to minister to people where they are currently in their faith.
- Remember that the main objective is not Evangelism
  - the winning or revival of personal commitments to Christ (definition)

### **Convalescent Hospitals and Care Homes**

- Physically disabled
- Cognitive decline: dementia and Alzheimer's.
- Aggressive behavior?
- Lonely, bored

### Hospice

- Be aware of the five stages of death and dying
- Kübler-Ross wrote "On Death and Dying: the "Five Stages of Grief."
- denial
- anger
- bargaining
- Depression
- acceptance.
- focus is on **comfort**, not the prolonging of death

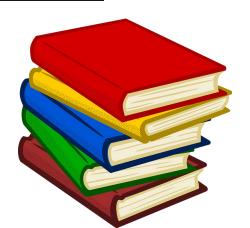
### General principles and closing thoughts

- Home Church?
- HIPPA
- Prayers
- Know your limitations

# Chaplaincy Bibliography

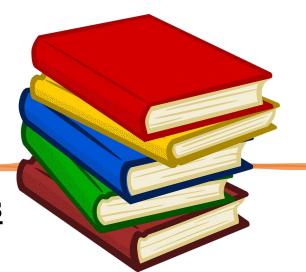


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- Becker, Arthur, H. The Compassionate Visitor; Resources for Ministering to the Ill
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- Cheston, Shanon E. (Ed.) <u>Essentials For Chaplains</u>
- Dayringer, Richard (Ed.) Pastor and Patient; A Handbook for Clergy Who Visit the Sick
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- Wiersbe, Warren. When Life Falls Apart
- Wright H. Norman. Crisis Counseling
- Yancy, Philip. Where is God When it Hurts
- Bible Promise Book.



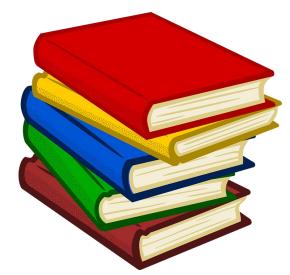


# Chaplaincy Bibliography Newer Books

• Evans, Keith. <u>Essential Chaplain Skill Sets: Discovering</u> <u>Effective Ways to Provide Excellent Spiritual Care</u>

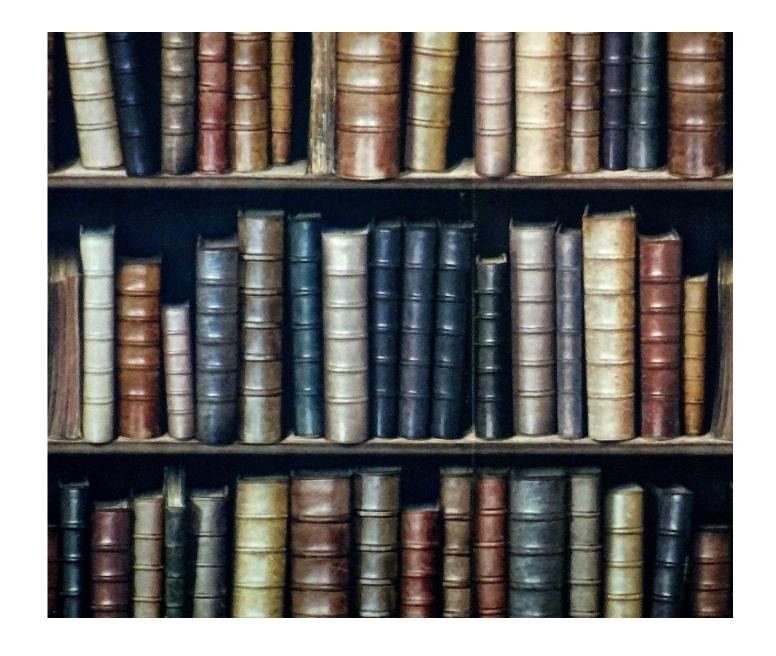
• Bake, Alan. <u>Foundations of Chaplaincy: A Practical</u> Guide

 Sanders, Matt. <u>Interfaith Ministry Handbook: Prayers,</u> <u>Readings and Other Resources for Pastoral Settings</u>





Remember "readers are Leaders"



Contact Information



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### Resources

- Present and past National Chaplains
- State Chaplains
- District Chaplains
- Fellow Chaplains





Questions?